



Life Science Cares Food is Health

FUELING COMMUNITY: 30 DAYS OF ACTION
JUNE 2026



Food is Foundational Support.

Food insecurity – a demonstration of economic vulnerability – is on the rise across the United States. This June, Life Science Cares is mobilizing the life sciences community to give, build, show up and learn alongside nonprofit partners advancing food access, dignity, stability, and health.





WHY FOOD IS HEALTH

Health doesn't start in the doctor's office. It starts in schools, homes, and neighborhoods. LSC's Food is Health Initiative builds on the growing recognition that improving access to healthy food is essential to improve health outcomes and strengthen communities.

Food is the ground floor.

Life Science Cares is activating our industry to support that foundation in practical, local, and sustained ways.

HOW TO TAKE ACTION

-  **GIVE**
Fund food, supplies, kits, and nonprofit capacity.
-  **BUILD**
Assemble snack packs, pantry items, kitchen kits, or care packages.
-  **SHOW UP**
Volunteer at pantries, gardens, meal programs, and community sites.
-  **LEARN**
Join conversations on food access, health, and community stability.

WHAT ACTION WILL YOU TAKE?

Hands-on Food Support

Assisting at food pantries, helping with SNAP registrations, or gleaning at distribution hubs.

Farm & Garden Work

Supporting urban farms and local farm sites through planting, maintenance, and seasonal projects.

In-Office Give-Backs

Volunteers assembling snack packs for summer programs, kitchen essential kits for the newly housed, or pantry items for students.

Food Drives

Host an in-office collection, virtual food drive or run a hybrid campaign for critical supplies.

Education & Awareness

Nonprofit-hosted "Lunch and Learn" sessions to share the mission and the specific needs of the organizations we support.



Interested in participating? Email info@lifesciencecares.org.

A Crisis-Level Concern

**48
MILLION
PEOPLE**

In the US face food insecurity—experiencing daily challenges with hunger and its health and social impacts.

**100%
OF
COUNTIES**

Hunger exists everywhere – no community is untouched.

Source: Feeding America

67% of LSC's Nonprofit partners cite food insecurity as a **crisis-level or top challenge** for the people they serve.

It is getting harder for many of our neighbors to access fresh, nutritious food. And not having enough to eat results in a range of negative impacts on how people live, learn, work and thrive.

- Worsened physical & mental health
- Poor management of chronic health conditions
- Inability to focus on academic performance
- Impact on job performance
- Increase in housing instability



Our collective efforts support

Bay Area: SF–Marin Food Bank, Alameda County Community Food Bank, Second Harvest of Silicon Valley, Scientific Adventures for Girls, Breakthrough SF, North Marin Community Services, LifeMoves, Fresh Lines for Youth

Boston: Senior Connection, Hyde Square Task Force

New York/New Jersey: East New York Farms, Nido de Esperanza, Henry Street Settlement, Sharing Excess, Osborne Association, Wagner Farm, CUMAC, Flemington Food Pantry, Robert Wood Johnson, Hackensack Medical Center, Students2Science

Philadelphia: MANNA, Sharing Excess, Salvation Army, Trenton Area Soup Kitchen (TASK), Mercer Street Friends Food Bank, Homefront NJ, and America's Grow-a-Row

San Diego: Feeding San Diego, MAKE Projects Farm

Special thanks to our Food is Health Partners



REAL CHEMISTRY