



LIFE SCIENCE CARES  
boston



# Summer of Service



**REMINDER: YOU AND YOUR  
EMPLOYEES CAN HEAD TO  
LIFESCIENCECARES.ORG/VOLUNTEER  
TO CHECK OUT VOLUTEER  
OPPORTUNITIES FOR  
INDIVIDUALS & SMALL GROUPS!**

## **IMPORTANT NOTE:**

Since our website now has ALL available options for individuals & small groups, these campaign flyers will promote featured & seasonal opportunities.

You should still print this flyer and hang it in common spaces & share it with your employees!





LIFE SCIENCE  
boston



CARES

**GIVE BACK AND BUILD COMMUNITY WITH YOUR TEAM!**



**in-person opportunities for groups**



**Host a community event for LGBTQ+ residents!**

Host a picnic, "taste the rainbow" ice cream social, snow cone and cotton candy event, or make goodie bags!

You can support people served at the the following Victory Programs' sites:

New Joelyn's Family Home in Roxbury: for women & LGBTQ+ individuals in early recovery

Victory Connector: a crucial harm reduction program for women, trans, and nonbinary individuals in the heart of Mass & Cass

JP Recovery Center in Jamaica Plain: for people in recovery

Envision in Jamaica Plain: a low-threshold, transitional housing program for individuals coming directly from Mass & Cass.

**Pack Food For Families**

**IN PERSON**

**GROUPS**

**July 11 | 11AM - 2PM | Allston**

Help West End House pack nutritious frozen food items in preparation for our upcoming Saturday distribution to over 200 West End House families! Tasks will include sorting and packing food items into bags and/or boxes, preparing completed packages for storage in our freezer, and clean-up to get the space ready for our members' arrival.

*Good for groups of 6-15 volunteers. \$60 per corporate volunteer*

**Healthy Waltham's Food Pantry**

**IN PERSON**

**GROUPS**

**INDIVIDUALS**

**2nd and 4th Thursday of each month**

**Flexible, 2-hour AM & PM shifts**

**Waltham**

Volunteer at the biweekly food pantry, rain or shine! Pack and distribute food to the community.

*Great for individuals or groups of up to 30 volunteers. All ages welcome, but children under 18 must be accompanied by an adult.*

**Sort Toddler and Baby Items**

**IN PERSON**

**GROUPS**

**INDIVIDUALS**

**Date and time flexible | Hyde Park**

During two hour long volunteer sessions, volunteers sort and quality check baby and toddler items in Hyde Park. The exact project that volunteers work on is dependent on what recent donations they have received, but examples include sorting toys by age and sorting clothing by size and season.

*Great for groups of up to 10 volunteers per shift.*

**Donation Room Clean-Up With Julie's**

**IN PERSON**

**GROUPS**

**INDIVIDUALS**

**Now - June 18 | South Boston**

Julie's Family Learning Center needs volunteers to sort clothing, toys and food, ensuring old and damaged items are removed & unneeded clothing is brought to Goodwill.

*Great for individuals or groups of up to 3 volunteers. Volunteers must be 16+ and able to bend down to pick up storage bins and lift up heavy items.*



**Set up a safe place for homeless youth to sleep at night**

**IN PERSON**

**GROUPS**

**Ongoing | 5PM - 5:45PM | Boston**

Volunteers will set up the Welcome Center for Bridge Over Troubled Water by wiping down all surfaces and desk stations, moving furniture, sweeping floors, setting up cots, taking trash bags to lobby, and helping with meal preparation, if needed. A gift card will be left on each cot.

*Up to 5 volunteers per night. Volunteers must be 21+. \$180 per shift.*

**Picnic for senior social enrichment**

**IN PERSON**

**GROUPS**

**June 26, 2024 | 9AM-4PM | Salem**

Support East Boston Social Centers as they take their seniors to Salem Willows for an outdoor picnic! Volunteers will participate in serving breakfast and lunch, playing bingo and other games, and interacting with the seniors.

*Great for groups of 5-10 volunteers*



**Help reorganize new space for CROX!**

**IN PERSON**

**GROUPS**

**Must be before July 8 | Roxbury**

Children's Services of Roxbury's Youth, Purpose & Partnership (YPP) program has moved to a new location! Support the move and help reconfigure, decorate, paint, and clean their new space. Have ideas on how to make the new space fun and engaging for the students? All ideas are welcome.

*Great for groups of 5-10 volunteers*



## ***LOOKING TO VOLUNTEER AS AN INDIVIDUAL OR WITH A BUDDY?***

**Join a Door Hang in Boston Neighborhoods**

**INDIVIDUALS**

**IN PERSON**

**June 21 | 12PM**

Building Pathways is organizing a door hang event to educate the community about the organization & opportunities in the union building trades. Volunteers will distribute informative door hangers in targeted neighborhoods, highlighting the benefits of careers in the trades.

*Good for individuals interested in getting outside & directly engaging the community.*

**Translators needed for written materials**

**INDIVIDUALS**

**REMOTE**

Kids In Tech is currently seeking volunteers who can translate materials into the following high-priority languages: Spanish, Haitian Creole, Chinese, Khmer, Portuguese & Arabic.

**Make an immeasurable impact: Become a PAL**

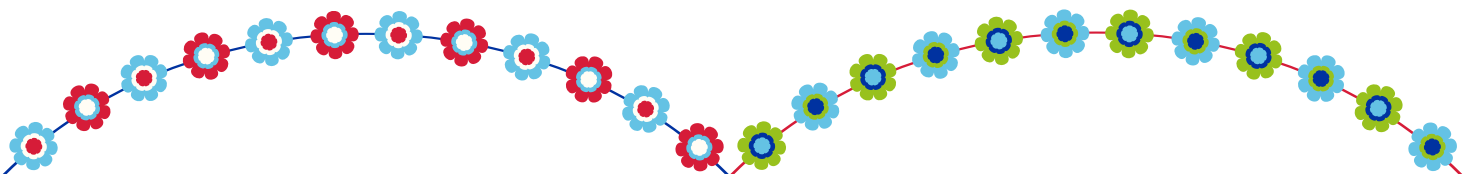
**INDIVIDUALS**

**IN PERSON**

**Weekly 2 hour shift, minimum 6 month commitment | Roxbury**

Play is essential for early childhood development, and all kids deserve the chance to be kids! Become a Playspace Activity Leader (PAL) with Horizons for Homeless Children! PALs volunteer to play with young children experiencing homelessness and living in shelters. This is an incredibly meaningful and rewarding way to bring joy to children's lives!

*Great for individuals ages 18 & up.*





## IN-OFFICE GIVE BACK OPPORTUNITIES

### Host a Lunch & Learn and Peer-to-Peer PRIDE Campaign

Raise funds in conjunction with a Lunch & Learn with Victory Programs' Executive Director Sarah Porter. Enjoy lunch at your office or head over to Victory Programs' administrative offices in Jamaica Plain to meet Sarah Porter and hear what's happening behind their iconic red doors.

VPI will set up a PRIDE campaign page tailored to your company where employees can sign up, personalize their own fundraising pages, and send a link to family and friends to raise critically needed funds for LGBTQ+ individuals in Victory Programs' care. If competition among colleagues sparks interest, VPI will recognize the top fundraiser(s) with a shoutout on their social media pages.

### Become A Supplies Packing Sponsor

#### **Commitment to kits must be made by Nov 1**

Sponsor and assemble STEM kits for Science Club for Girls! Packing supplies is a great team building activity & directly supports girls enrolled in SCFG's free, hands-on Science Clubs. Have your team learn about their mission while assembling a week's worth of materials!

*\$4000 or \$8000 sponsorship is required.*

### Host a Drive for a Nonprofit

#### **Flexible date & time based on availability**

Collect goods in your office to boost company morale or ship items directly to the nonprofit. High-demand needs are underwear, hygiene products, gift cards, and essentials for newborns & young families. Employee's friends and families are encouraged to participate or even start their own drive!

### Host a Field Trip at Your Office & Lab!

#### **Flexible dates & times based on availability**

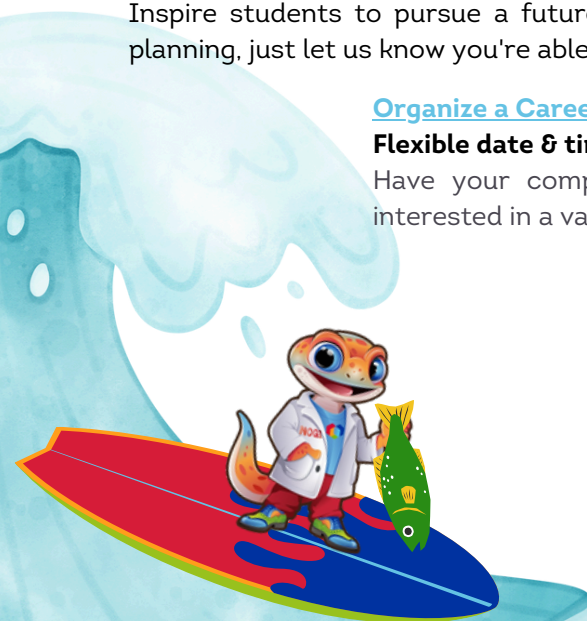
Inspire students to pursue a future in STEM by inviting students into your office! We'll help with all the planning, just let us know you're able to open your doors.

### Organize a Career Fair for Kids in STEM

#### **Flexible date & time based on availability**

Have your company host and organize activities in 3 or more departments for students interested in a variety of careers in the life sciences. Great for company-wide team building.

**For more information, please contact  
Anna at [anna@lifesciencecares.org](mailto:anna@lifesciencecares.org)**





# **SHOP OUR PARTNERS' WISH LISTS**



## **INSTANT GIVE BACK OPPORTUNITY!**

***Check out the links below & purchase an item (or 2!) to be delivered directly to an LSC Nonprofit Partner. Want to get your company involved on a larger scale? Consider running an employee-led fundraiser with the goal to buy EVERYTHING on the list!***

### **VICTORY PROGRAMS**

Victory Programs' Boston Living Center in the Back Bay for people living with HIV and other chronic illnesses has a multitude of fun events planned for PRIDE. Among them is a Drag Show and Makeup Tutorial with volunteer Drag Kings and Queens. Get in the spirit of PRIDE, and host a makeup and/or clothing drive for this fun event!

The Victory Connector and New Joelyn's Home, serving women, trans, and non-binary individuals, are always in need of clothing, shoes, and basic necessities. Host a drive or visit their Amazon Registry to purchase critically needed items for these special programs.

### **HORIZONS FOR HOMELESS CHILDREN**

1. **Book Drive** - Horizons for Homeless Children is currently collecting books for young children living in over 60 shelter programs across Massachusetts. Books will be donated to Horizons Playspaces to provide young children experiencing homelessness with access to literacy during their time living in shelter.
2. **Outdoor Toy Drive** - Horizons for Homeless Children is collecting outdoor toys, chalk, bubbles and more to support outdoor play opportunities at shelter programs across Massachusetts!

### **BRIDGE OVER TROUBLED WATERS**

**Baby Bundle Month: A Drive for First-time Moms in Transition from Homelessness to Self-Sufficiency**

Bridge's Single Parent House provides a nurturing environment for young and expectant first-time moms and their babies. Use Bridge's Amazon Baby Wish List to put together the perfect Baby Bundle and provide a young parent with everything needed to welcome their baby home.

**Welcome Home Basket Month: A Drive for their First Apartment**

Provide youth moving into their first apartment with Welcome Home Baskets filled with supplies to help them cook, clean, feel at home in their new space, and celebrate this big step in the young lives by purchasing items on Bridge's Amazon Welcome Home Wish List for basic move-in necessities.

### **YOUNG MAN WITH A PLAN**

Young Man with a Plan (YMWAP) is dedicated to supporting young Black and Latino men in Boston through holistic mentoring. They're embarking on a Wellness Project, including the expansion of their space with a fitness area, shower, and kitchen.

To ensure the success of this project, they need assistance in equipping these new areas with basic supplies. You can help by checking out their Amazon lists!

1. **New Wellness Space**
2. **Ongoing Needs**

**QUESTIONS? REACH OUT TO ANNA AT [ANNA@LIFESCIENCECARES.ORG](mailto:ANNA@LIFESCIENCECARES.ORG)**



## ***SCHOOL'S OUT BUT LEARNING CONTINUTES! SUPPORT STUDENTS THIS SUMMER!***

### **Tutor Adult Students with Julie's Family Learning Center** **IN PERSON** **INDIVIDUALS**

#### **Weekly commitment | 1-2 hours per week | South Boston**

Tutors work one-on-one or in small groups with adult learners on their basic reading and writing, tech and/or math skills. Most learners are between a 3rd and 6th grade reading level. Classroom teachers and staff support volunteers with materials and activities for tutoring.

*Sign up as an individual or recruit colleagues to join you! Volunteers must be 18+.*

### **Mentor Immigrant High School Students**

**IN PERSON** **LONG TERM** **INDIVIDUALS**

#### **October 2024 - June 2025 | Tuesday or Thursday from 6-7:30PM | Cambridge / Somerville**

Mentor immigrant high school students in Cambridge or Somerville! Enroot is looking for folks who are comfortable working with young people and are able to commit to in-person programming once a week for 1.5 hours. Immigrants, BIPOC, and those who speak Spanish, Portuguese, or Haitian Creole are especially encouraged to apply.

*Great for individuals 18+.*

### **Be an ESOL Classroom Assistant**

**IN PERSON** **LONG TERM** **INDIVIDUALS**

#### **Tuesdays OR Wednesdays from 9:30AM - 1PM | South End**

JVS Boston is looking for volunteers to assist the teacher of a vocational English class for immigrants and refugees by working with individuals and/or small groups of adult students in class. Topics include improving English and communication skills to obtain employment, job search and job retention techniques, orientation to the American workplace, financial literacy, and life skills.

*Good for individuals who have an interest in working with people of various linguistic, cultural, religious, ethnic and national backgrounds.*

### **Read to Preschool students with Horizons**

**IN PERSON** **INDIVIDUALS**

#### **Flexible date and time based on availability | Roxbury**

Visit Horizons Early Education Center to read to young preschool students for an hour in their library! Volunteers also have an opportunity to tour the Center to learn more about Horizons during their visit!

*4-5 volunteers needed.*

### **Lead STEM Experiments for Preschoolers**

**IN PERSON** **INDIVIDUALS**

#### **Flexible date and time based on availability | Roxbury**

Horizons for Homeless Children needs volunteers to share a fun science, math or art activity for young children ages 3-5 years old.

### **Be a volunteer academic mentor & tutor**

**IN PERSON** **LONG TERM** **INDIVIDUALS**

#### **Minimum of one hour per week, for the entire school year, plus additional time for required training and team meetings | Boston / Lynn**

At school or youth serving agencies where Kids in Tech hosts its afterschool STEAM program, volunteer tutors will provide 1:1 or 1:2 tutoring in essential pre-reading and early reading skills, math, or science during the morning and afternoon hours. Additionally, tutors build positive relationships with their students that support, encourage and motivate social emotional growth.

*Volunteers must be 18+.*

### **Facilitate workshops for youth**

**IN PERSON** **INDIVIDUALS**

#### **Flexible date and time based on availability during summer programming - July 8 - August 16 | Roxbury**

Facilitate workshops for youth at Children Service's of Roxbury's YPP program. Talk about your career path or anything else you think the youth might find helpful.



# Preparing for Back-to-School Season!

## SIGN UP NOW FOR LSC's ANNUAL BACKPACK DRIVE!

Last year, LSC's Network of Good donated over 2,800 backpacks, and we're aiming to donate more this year! **Your company can commit to sponsoring and assembling backpacks for pre-K through high school students.**



1. **Decide** how many backpacks you'd like to sponsor & assemble, then let us know. On average, backpacks cost **\$30-50 each**. We recommend assembling **1-5 backpacks per volunteer** you expect to attend your event.
2. **Pick a date & time before August 15** to host the event. This can be at your office, an offsite, or another location of your choice!
3. **Life Science Cares will help** with all the logistics of gathering/ordering items. We'll also coordinate with the nonprofit regarding your event & the drop off of the packs.
4. **Host a fun, meaningful event** with your team!

**Backpacks will be donated to:**



## JOIN OUR COMMUNITY-LED BOOK DRIVE!

**Join us in making a difference in the lives of our students!**

*LSC Boston is excited to announce a community-wide book drive to support children, who need access to culturally appropriate books. Our partners are working with children from diverse backgrounds, including Spanish and Haitian Creole speakers.*

***Let's come together to ensure every child has the books they need to thrive!***

### **HOW TO GET INVOLVED:**

1. **Host an employee-led fundraiser for books.**
2. **As a company, commit to a certain number of books.** After you commit, we'll create a custom book list for your team that they can order directly from.
3. **GET CREATIVE & think beyond your company! PRINT THE FLYER BELOW TO SHARE IN COMMON SPACES!** You can encourage your clubs, faith-group, or neighborhood group to get together and give back. You can even share with your friends, in your group chat, and with your alumni network. Want to do this but not sure how to get started? And, reach out if you need more help!

### **WHY IT MATTERS:**

Access to books that reflect a child's culture & language is crucial for fostering a love of reading & supporting literacy development. You'll help build a library of books that resonate with & inspire our students.

**Let's work together to support children's literacy and make a positive impact in our community!**

**For more information, please contact Anna at [anna@lifesciencecares.org](mailto:anna@lifesciencecares.org)**





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# KID'S BOOK DRIVE

**Join us in making a difference in the lives of our students!**

*LSC Boston is hosting a community-wide book drive to support children who need access to culturally appropriate books. Our partners work with children from diverse backgrounds, including Spanish and Haitian Creole speakers.*

***Let's come together to ensure every child has the books they need to thrive!***

## WHY IT MATTERS:

Access to books that reflect a child's culture and language is crucial for fostering a love of reading and supporting literacy development. Your contributions will help build a library of books that resonate with and inspire our students.

## HOW TO GET INVOLVED:

Scan the QR code below and buy a book (or two!) to be donated directly to our nonprofit partners serving students who need it most!



**For more information, please contact Anna at [anna@lifesciencecares.org](mailto:anna@lifesciencecares.org)**