



Look for our **seasonal newsletters** outlining volunteer opportunities. Check our social channels and **VolunteerHub** for ongoing opportunities to serve and/or mentor in small groups or individually.

Jan - Mar

warm-hearted winter

- **January Reminder** - Great time to reach out to [Michelle Chen](#) to start planning your upcoming year of service!
- **MLK Day** - [LSC CARES Card](#) for resources and volunteering

Seasonal focus: *Winter kits, hygiene kits, STEM kits, coat drives, career exploration*

Apr - May

spring into action

- **Volunteers Appreciation Month** - Thank you for your partnership with Life Science Cares. Our impact is only possible through the generosity of our volunteers and corporate partners.
 - Sign [the Volunteer Pledge](#) as a company, team, family, or individual
 - Complete the [Volunteer Appreciation CARES Card](#) for April & May

Seasonal focus: *Food pantry, hygiene kits*

Jun- Aug

summer of service

- **Mid-year Check-in** - Meet with LSC for a [mid-year check-in](#)
 - Reach out to [Michelle Chen](#) for a Fall Day of Service
- **June** - Celebrate PRIDE month with a [LSC CARES Card](#), providing ideas around giving back and learning about PRIDE

Seasonal focus: *Food pantry, STEM kits, food drives, backpack drives*

Sept - Oct

fall give back

- **October Reminder** - Reach out to [Michelle Chen](#) to start planning your Holiday Give Back events! Many holiday give back events end by the second week of December, so reach out now!
- **Oct 19: Impact Festival** - Celebrate our collective impact on the Bay Area at our annual fundraising event. Sponsorships available. For more info, contact [Tara Stephenson](#).
- **Sept 15 - Oct 15** - Celebrate Hispanic Heritage month with a [LSC CARES Card](#)

Seasonal focus: *Winter gear drives, coat drives*

Pro tip: Most holiday drives wrap up mid-Dec!
To give your team ample time to participate,
sign up by **EARLY NOVEMBER!**

Nov - Dec

holiday helpers

- **Holiday Drives** - Have your team participate in holiday drives and fun volunteer shifts
 - Many underrepresented communities report "the holiday blues" during the season of Nov-Jan

Seasonal focus: *Thanksgiving food drives, toy drives, adopt-a-family programs*

*We recommend **at least a 2-month lead time** for a day/week/month of service!*

Questions? Email Partnerships Manager Michelle Chen michelle@lifesciencecares.org