

To facilitate planning your team's upcoming year of give-back events, Life Science Cares offers our corporate partners **seasonal newsletters** of pressing volunteer needs, **CARES Cards** of resources to engage employees for national days of service, and **LSC community wide give back events**. All of these are detailed below.

warm-hearted winter

- **January Newsletter:** LSC Updates & Current Volunteer Opportunities for your team
- *January Reminder:* Great time to reach out to charlotte@lifesciencecares.org to start planning your upcoming year of service!
- **MLK Day** - LSC Cares Card of resources for volunteering.
- **April Newsletter** - LSC Updates & Current Volunteer Opportunities for your team

spring into action

- **Corporate Partner Open House - May 4th** - Invite Only
- **May Newsletter** - LSC Updates & Current Volunteer Opportunities for your team

summer of service

- **LSC Community Event - June 21st - "Feeding Bodies, Fueling Minds" Summer Food Drive** and Pack out! Hold a food drive in your office and then join our life science community-wide food pack-out event to pack the food into boxes to be donated!
- **LSC Community Event - August - Backpack Drive** to ensure under-resourced students in our community start the school year with all the school supplies they need! Flexible timing.
- **August Newsletter** - LSC Updates & Current Volunteer Opportunities for your team.



fall give back

- *October Reminder* - Reach out to LSC to start planning your Holiday Give Back events! Many holiday give back events end by the second week of December, so reach out now!
- **October Newsletter** - LSC Updates & Current Volunteer Opportunities for your team
- **Impact Breakfast - October 18th** - Invite only
- **LSC Community Event - October - Halloween Costume Drive** for the unhoused students of the Monarch School. Flexible timing.



holiday helpers

- **LSC Community Event - November - Thanksgiving Food Drive** - for food insecure students and families with PlusBox. Flexible timing.
- **LSC Community Event - November - December - Adopt a Family** - for under-resourced families in need, with Barrio Logan College Institute. Flexible timing.
- **LSC Community Event - November - December - Holiday Toy Drive** - for formerly unhoused children, with Home Start. Flexible timing.



pro tip: **we recommend at least a 2 month lead time** for a day/week/month of service! Questions? Email: Charlotte@lifesciencecares.org

Reminder: [LSC's VolunteerHub](#) is an updating resource of opportunities for individuals or small groups!