

CARES CARD: Celebrating Hispanic Heritage Month

Every year from September 15-October 15, Hispanic Heritage Month is celebrated nationally to honor the history, culture, and contributions of Hispanic and Latino peoples. For these 30 days, we will celebrate immigrants and those with ancestors from Spain, Mexico, the Caribbean, as well as Argentina, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, Equatorial Guinea, Guatemala, Honduras, Nicaragua, Panama, Paraguay, Peru, Puerto Rico, Uruguay, and Venezuela. We invite you to learn alongside us as we uplift and support Hispanic and Latino heritage, which continues to enrich our communities!

Happy Hispanic Heritage Month!

INSTRUCTIONS: Play just like BINGO. Access helpful links for completing opportunities by clicking on the box. Take a selfie or a screenshot completing an activity and post to your social channels. Remember to tag Life Science Cares Boston and use the hashtag #LSCBostonCares. Want to make this even more fun? Turn it into a competition & see who can achieve the most "CARES!"

TWITTER: @LS_Cares | FACEBOOK: @lifesciencecares | LINKEDIN: @Life-Science-Cares-Boston | INSTAGRAM: @lifesciencecares

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Sign up for a shift at one of our nonprofit partners

Join the
City of
Boston
for the
kickoff of
the month

Learn
about the
impact of
poverty on
the Latino
community

Watch this TED Talk by Fernanda Ponce

Learn how
the Latino
Community
can boost the
MA economy

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Learn about
LSC's
internship
program for
opportunity
youth

Collect
hygiene
products
and gift
cards for
young men

Make a pledge in the LSC Volunteer Hour Challenge

Groove to a Latin hit!

Get to know

15 influential

Hispanic

R

Purchase essential PPE for folks experiencing homelessness

Read about the history of the month

FREE SPACE

> <u>Host a</u> drive for a nonprofit

Attend on of the BPL's Friday Films honoring the month E

Bring your children to celebrate with Rockabye beats on October 3

Join the MFA's Latinx Heritage Night on September 30

Begin watching this PBS documentary series

Attend a free, online event this month

Understand
the
difference
between
Hispanic,
Latino, and
Latinx

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Apply to be a mentor to immigrant youth in high school

Fill a
lunchbox
with JP
moms and
their
children

Assemble
back-toschool care
packages
for young
men of
color

Shop from a
LatinoOwned
Business

Borrow or buy a book and start reading it this month