



LIFE SCIENCE CARES
boston



CARES Card: Black History Month

The month of February is Black History Month, created with the purpose of uplifting and recognizing the achievements of Black Americans. Celebrate Black joy, activism, scholarship, creativity, and power by taking actions listed on each prompt below. Each nonprofit featured on the card is led by an inspirational Black leader.

INSTRUCTIONS: Play just like BINGO. Access helpful links for completing opportunities by clicking on the box. Take a selfie or a screenshot completing an activity and post to your social channels. Remember to tag Life Science Cares Boston and use the hashtag #LSCBostonCares. Want to make this even more fun? Turn it into a competition & see who can achieve the most "CARES!"

TWITTER: @LS_Cares | FACEBOOK: @lifesciencecares | LINKEDIN: @Life-Science-Cares-Boston

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Learn about the origins of Black History Month

Support the empowerment of moms in Boston

Celebrate emerging Black musicians and artists

Watch a ROXTalk from a local Black-led nonprofit

Volunteer to speak at a Career Day for STEM learners

Read about and visit the Roxbury Love Story Mural

Read an essay by Dr. Ibram X. Kendi

Collect books for boys of color

Watch at least one Black HERstory month video

Visit the Museum of African American History in Boston

Learn about hip-hop and wellness with local Boston artists

Support a nonprofit addressing medical racism in Boston



Organize a drive for a Black-Led nonprofit

Volunteer with a local food pantry

Take a virtual tour of the National Civil Rights Museum

Watch a movie celebrating Black joy & culture

Follow the Black Heritage Trail in downtown Boston

Read one of Maya Angelou's poems

Watch a TED Talk to celebrate Black History Month

Read about the movement to #Protect Black Dissent

Learn about the birth of hip-hop

Support a local nonprofit providing mentoring to boys of color

Buy from a Black-owned business

Learn about Black scientists who changed the world